

WHITE WINES

VINA ARROBA PARDINA CHARDONNAY, SPAIN

Vina Arroba, meaning enchanted vineyard, is a refreshing wine from Spain's sun-drenched vineyards. Crisp flavours of ripe apple, stone and tropical fruit (2)

Food match: battered or breaded fish, Trawler pie, mac & cheese or chicken Caesar salad

CA DI PONTI GRILLO, ITALY

From the coastal zone at the western tip of Sicily. Full of ripe sun-dried citrus flavours, hints of honey and spice, with a nutty finish (2)

Food match: mixed vegetable lasagne, fish or hunter's chicken

TIERRA DEL REY SAUVIGNON BLANC, CHILE

Pure Sauvignon flavours jump out of the glass, giving a refreshing mouthful of grassy, citrus and gooseberry fruit (2)

Food match: hunter's chicken or goat's cheese salad

ROSÉ WINES

CONCHA Y TORO BLUSH, CHILE

Full of fresh strawberry flavours and a delicate sweetness, making this wine perfect for any occasion (3/4)

Food match: great with curries or chilli

WILDWOOD ZINFANDEL ROSÉ, CALIFORNIA

Californian sunshine works it's magic to produce a sensational, luscious, strawberry filled glass of pink perfection! (3/4)

Food match: grilled chicken or pork

RED WINES

VINA ARROBA TEMPRANILLO

This is a soft, easy drinking dry style red wine, full of delicious ripe raspberry fruit flavours (B/C)

Food match: the black pudding and bacon salad or beef lasagne

TIERRA DEL REY MERLOT, CHILE

Brimming with juicy, ripe damsons, plums and bramble fruits, a popular drinking wine, that's also great with food (B)

Food match: gammon, ham or roast vegetables

LANDINGS SHIRAZ CABERNET, AUSTRALIA

Smooth, soft and fruity, ripe and delicious, dark berry fruits, with a touch of sweet, spicy warmth (C)

Food match: steak, sausages or lamb

FINCA DEL ALTA MALBEC MERLOT, ARGENTINA

Great blend of the on-trend full bodied Malbec grape and the dash of damson, plum fruit flavours from the Merlot (C)

Food match: grilled or roast meats

SPARKLING WINES

LUNETTA SPUMANTE PROSECCO NV, ITALY

200ML SINGLE SERVE BOTTLE

£5.50

Being a Spumante this is a full bodied Sparkler with aromas and flavours of peach, pear and apple. Sexy bottle - great things come in little packages! (2)

LA DELFINA PROSECCO DOC SPUMANTE, ITALY

BOTTLE

£18.50

Elegant Prosecco with a fragrant bouquet of green apple and white blossom.

Refreshing and delicate with citrus fruit flavours, balanced by a creamy mousse (1/2)

James Pickup & Co.
Wine & Spirit Merchants
Since 1790

Wine Development Codes: White and Rosé wines are designated numbers (1-4), (1) being the driest and (4) being the sweetest. Red wines are designated letters (A-D), (A) being the lightest and (D) being the fullest, heaviest wines. Please ask staff for any allergen details.

BOTTLE

£14.50

£15.50

£15.50

£14.50

£15.50

£14.50

£15.50

£15.50

£16.50

◆ YE OLDE ◆ FIGHTING COCKS

◆
A R N S I D E

FOOD & DRINK

The Promenade, Arnside, Cumbria, LA5 0HD • Tel: 01524 761203

www.fightingcocksarnside.co.uk

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V denotes suitable for vegetarians. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones.

Ye Olde Fighting Cocks avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods.

All our products are subject to availability as some of our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. We can adapt some of our dishes to suit dietary requirements, please ask when placing your order. Thank you.

STARTERS

HOMEMADE SOUP OF THE DAY served with bloomer bread and butter	£4.50
CLASSIC PRAWN COCKTAIL Royal Greenland prawns in our own Marie Rose sauce with crisp lettuce and a lemon wedge	£6.50
MORECAMBE BAY POTTED SHRIMPS local shrimps potted in spiced butter served warm on a toasted crumpet with dressed leaves	£7.50
CHICKEN LIVER AND BRANDY PÂTÉ with landlord's chutney, dressed leaves and Melba toast	£5.50
CREAMY GARLIC MUSHROOMS (V) fresh mushrooms and herbs in a creamy, garlic sauce served on bloomer toast	£5.50
BLACK PUDDING AND BACON STACK topped with a runny poached egg and mustard cream sauce	£5.50

SALADS

CHICKEN CAESAR SALAD grilled chicken breast on a salad of lettuce, Parmesan, croutons and crispy bacon with creamy Caesar dressing	£9.95
BLACK PUDDING AND BACON SALAD a bed of mixed leaves topped with warm black pudding and bacon pieces with a grain mustard dressing add chicken breast strips to your salad for £1.50	£8.95
WARM GOAT'S CHEESE AND RED PEPPER SALAD roasted red peppers and tomatoes with mixed leaves, warm goat's cheese and balsamic dressing	£8.95

TRADITIONAL SUNDAY ROASTS

only available on a Sunday

HOME ROAST TOPSIDE OF BEEF OR PORK served with homemade Yorkshire pudding, roast potatoes, creamy mash, seasonal vegetables and rich pan gravy	£9.95
TWIN MEAT ROAST as above but with both our home roasted meats	£11.95
SMALL ROAST DINNER perfect for children or those with a smaller appetite	£6.95

CHILDREN'S MENU

All served with garden peas, baked beans or salad, a Fruit Shoot or glass of milk and an ice cream cone for pudding - £5.95

CHICKEN BREAST NUGGETS AND CHIPS
BURGER IN A BUN WITH CHIPS
HOT DOG AND CHIPS
MACARONI CHEESE AND GARLIC BREAD (V)

LIGHT BITES

AVAILABLE UNTIL 6PM

SANDWICHES

all sandwiches are served on fresh bloomer bread with dressed salad

HAND CARVED HAM AND SALAD	£4.95
MATURE CHEDDAR AND TOMATO (V)	£4.95
TUNA MAYONNAISE	£5.95
PRAWNS MARIE ROSE	£6.50
CHICKEN AND CHORIZO	£5.95

JACKET POTATOES

all served with dressed salad

SIMPLY WITH BUTTER (V)	£3.95
GRATED MATURE CHEDDAR (V)	£4.45
BAKED BEANS (V)	£4.45
TUNA MAYONNAISE	£5.45
PRAWNS MARIE ROSE	£6.50
HOMEMADE BEEF CHILLI	£5.95

TWO FOR £10

choose any two of the following dishes for £10.00 or £6.00 each

HOMEMADE CHILLI CON CARNE
our medium spiced beef chilli served with fragrant rice and tortilla chips

MEAT AND POTATO PIE
hand raised pie in a short crust pastry case served with home cooked chips, mushy peas and rich meat gravy

MACARONI CHEESE (V)
macaroni in our homemade, rich cheese sauce served with garlic bread

BEEF AND VEGETABLE PASTY
chunks of beef and root vegetables encased in puff pastry with home cooked chips, garden peas and gravy

HAND CARVED HAM AND EGG
our home baked ham served with a free range fried egg, chips and garden peas

CHICKEN AND BACON PIE
hand raised, deep filled pie served with home cooked chips, garden peas and gravy

VEGETABLE BALTI (V)
seasonal vegetables in our homemade Balti sauce served with fragrant rice and flat bread

PUB CLASSICS

BEER BATTERED HADDOCK & CHIPS SML £7.95 LRG £10.95
in our homemade batter with home cooked chips, mushy peas and our own tartar sauce

HOMEMADE STEAK AND ALE PIE SML £8.95 LRG £10.95
local beef slow cooked in Thwaites ale in a short crust pastry case served with seasonal vegetables and your choice of home cooked chips or new potatoes

TRAWLER PIE £11.95
a selection of fish and prawns in a creamy white sauce topped with mashed potato and served with buttered seasonal vegetables

HUNTER'S CHICKEN £9.95
chicken breast topped with bacon, BBQ sauce and melted cheese served with crushed new potatoes and buttered vegetables

BANGERS AND MASH £9.95
Cumberland sausage ring on creamy mashed potato with our own rich, onion gravy

WHOLE TAIL SCAMPI £10.95
golden, breaded scampi served with dressed salad, home cooked chips, garden peas and homemade tartar sauce

BEEF LASAGNE £9.95
a classic lasagne with beef ragout, egg pasta and a creamy béchamel and cheese topping served with dressed salad and garlic bread

MIXED VEGETABLE LASAGNE (V) £9.95
a classic vegetable lasagne topped with creamy béchamel and cheese served with dressed salad and garlic bread

HOMEMADE CHICKEN MADRAS £8.95
our medium spiced curry made with chicken breast pieces served with fragrant rice and home cooked chips

SWEET POTATO CURRY (V) £8.95
chunks of sweet potato in a rich curry sauce served with fragrant rice, poppadum, mango chutney and home cooked chips

INDIAN FEAST £10.95
choose either our chicken or sweet potato curry, served as above, with additional poppadums, naan bread and mango chutney

BRAISED LAMB SHANK £12.95
lamb shank slow cooked in a minted gravy served with creamy mashed potato and roasted vegetables

SIDES

HOME COOKED CHUNKY CHIPS (V)	£2.95
BEER BATTERED ONION RINGS (V)	£2.95
GARLIC BREAD (V)	£2.50
HOUSE DRESSED SALAD (V)	£2.50
2 SLICES OF BLOOMER BREAD AND BUTTER (V)	£1.50

FROM THE GRILL

BUILD A BURGER £7.95
our 6oz 100% ground beef burger simply served in a rustic roll with burger relish, coleslaw and home cooked chips

CUSTOMISE YOUR BURGER WITH YOUR CHOICE OF TOPPINGS:
cheese 75p
bacon 75p
two beer battered onion rings 75p
additional burger £2.95

THE ULTIMATE BURGER £11.95
our classic burger base with all of the toppings!

8OZ RUMP STEAK £12.95
aged rump steak served with home cooked chips, roasted tomato, beer battered onion rings and garden peas

ADD A SAUCE:
mushroom and garlic, peppercorn or blue cheese £1.95

GAMMON STEAK £10.95
served with two free range fried eggs, home cooked chips and garden peas

TRIO OF LAMB CHOPS £11.95
local lamb chops marinated in mint oil and served with crushed new potatoes, buttered vegetables and minted gravy

DESSERTS

HOMEMADE STICKY TOFFEE PUDDING £4.95
with butterscotch sauce and your choice of ice cream, pouring cream or custard

RICH CHOCOLATE BROWNIE £4.95
handmade brownie served warm with vanilla ice cream

VANILLA CRÈME BRÛLÉE £4.95
with a buttery shortbread biscuit

HOMEMADE FRUIT CRUMBLE £4.95
served with ice cream, pouring cream or custard
please ask for today's flavour

TRIO OF ICE CREAM £3.95
choose from vanilla, chocolate or strawberry

HOMEMADE CHEESECAKE £4.95
served with ice cream or pouring cream
please ask for today's flavour

HOT DRINKS

ESPRESSO	£1.95
AMERICANO	£2.25
CAPPUCCINO	£2.75
LATTE	£2.75
MOCHA	£2.75
HOT CHOCOLATE	£2.95
topped with whipped cream	
TEA	£2.25